



# Reverse Advent


## Calendar



**Want** to help those in our community who are in food poverty & hardship at Christmas? The Reverse Advent Calendar is an easy way to help our Wansbeck Foodbank.

1. Grab a box (and decorate it if you'd like), then add a donation to the box for each day of **November**
2. At the beginning of December (so that the donations can be distributed in time for Christmas), take the box to the Foodbank (Northgate Park), drop it off by the end of the first **week of December**.



 <b>1</b> Hot Chocolate	<b>2</b> Vegetable Stock Cubes	<b>3</b> Christmas Sweets	<b>4</b> Jam & Honey (shop bought only)	<b>5</b> Packet Custard	<b>6</b> Tinned Vegetables	<b>7</b> Mince Pies
<b>8</b> Chocolate Spread	<b>9</b> Lentils	<b>10</b> Coffee/Tea Bags	<b>11</b> Tinned Fruit	<b>12</b> Toiletries (M/F)	<b>13</b> Chocolates/Chocolate Orange	<b>14</b> Table Crackers/Napkins (Christmas theme)
<b>15</b> Small Cereals	<b>16</b> Chutney/Crackers	<b>17</b> Juice/Squash	<b>18</b> Christmas Cake or Pudding	<b>19</b> Toy for a child	<b>20</b> Washing up Liquid	<b>21</b> Small Cooking Oil/spray
<b>22</b> Christmas Sweets	<b>23</b> Mayo/Tomato Ketchup	<b>24</b> Crisps	<b>25</b> Tinned Ham or Tuna	<b>26</b> Popcorn	<b>27</b> Sponge Pudding or Jelly	<b>28</b> Tinned Mince or Corned Beef
<b>29</b> Box of Biscuits	<b>30</b> Cheese/ Eggs	<i>Feel free to substitute or buy extras—it's your choice and the Foodbank are grateful for any donations (including to support those who have dietary needs such as lactose and gluten intolerances, diabetic, vegan, and Halal), <b>N.B Long shelf-life products would be appreciated</b></i>				

**Wansbeck Foodbank, Northgate Park, Bothal Building, Morpeth NE61 3BP, Tel: 07841 908477 Reg. Charity 1177303 Monday to Friday 10am to 1.30pm.**